

MODIFIED JUNIOR LEVEL SOCCER

**THIRD, FOURTH, & FIFTH

GRADE PROGRAM**

FAIRFIELD RECREATION DEPARTMENT YOUTH SOCCER

AGE	8, 9, 10, and 11 year olds
BALL	Size 4....all players should have a ball
# OF PLAYERS	8 aside game play; our format calls for one game to be played
GAME TIME	4 twelve minute quarters; Coaches can only sub at the quarters or half; every player must receive equal playing time!
OFFICIAL	Program referee facilitates the play
RULES	<ol style="list-style-type: none">1) White kicks off first and alternates each quarter2) Ball returned to play by throw-ins, goal kicks and corner kicks.3) No offsides called at 3rd and 4th grade level4) All other FIFA rules apply5) Player safety and happiness most important!6) Players must receive equal playing time
TECHNICAL FOCUS	Dribbling (ball control and handling) Dribbling moves Shooting and passing Emphasize ball handling and 1 v 1 skill development Let them play!
TACTICAL FOCUS	Continue working with pairs 1 v 1 Offense, 1 v 1 Defense 2 v 1 and 2 v 2 Offense and Defense Show players play in different parts of the field
PHYSICAL FOCUS	Never practice without a ball Players should practice skills on the move No standing, avoid activities with lines and standing Continue to practice and play in small groups
PROGRAM PHILOSOPHY	FUN! Positive corrections only; Concentrate on skills in practice and games Limit coaching to practice Continue to teach them games. <u>NO TROPHIES SHOULD BE HANDED OUT</u>