

# MODIFIED JUNIOR LEVEL SOCCER

## **\*\*6<sup>th</sup>-8<sup>th</sup> Grade Soccer\*\***

### FAIRFIELD RECREATION DEPARTMENT YOUTH SOCCER

<b>BALL</b>	Size 5 ball. All players should have a ball
<b># OF PLAYERS</b>	11 aside game play; includes goalkeeper
<b>GAME TIME</b>	Two 30 minute halves. Each player must play one half!
<b>OFFICIAL</b>	Program referee facilitates the play.
<b>RULES</b>	<ol style="list-style-type: none"><li>1) White kicks off first and alternates each quarter</li><li>2) Ball returned to play by throw-ins, goal kicks and corner kicks.</li><li>3) All other FIFA rules apply</li><li>4) Player safety and happiness most important!</li><li>5) Players must receive equal playing time</li></ol>
<b>TECHNICAL FOCUS</b>	Dribbling (ball control and handling) Dribbling moves Shooting and passing Emphasize ball handling and 1 v 1 skill development Let them play!
<b>TACTICAL FOCUS</b>	Continue working with pairs 1 v 1 Offense, 1 v 1 Defense 2 v 1 and 2 v 2 Offense and Defense Show players play in different parts of the field
<b>PHYSICAL FOCUS</b>	Never practice without a ball Players should practice skills on the move No standing, avoid activities with lines and standing Continue to practice and play in small groups
<b>PROGRAM PHILOSOPHY</b>	FUN! Positive corrections only; Concentrate on skills in practice and games Limit coaching to practice Continue to teach them game. <b><u>NO TROPHIES SHOULD BE HANDED OUT</u></b>